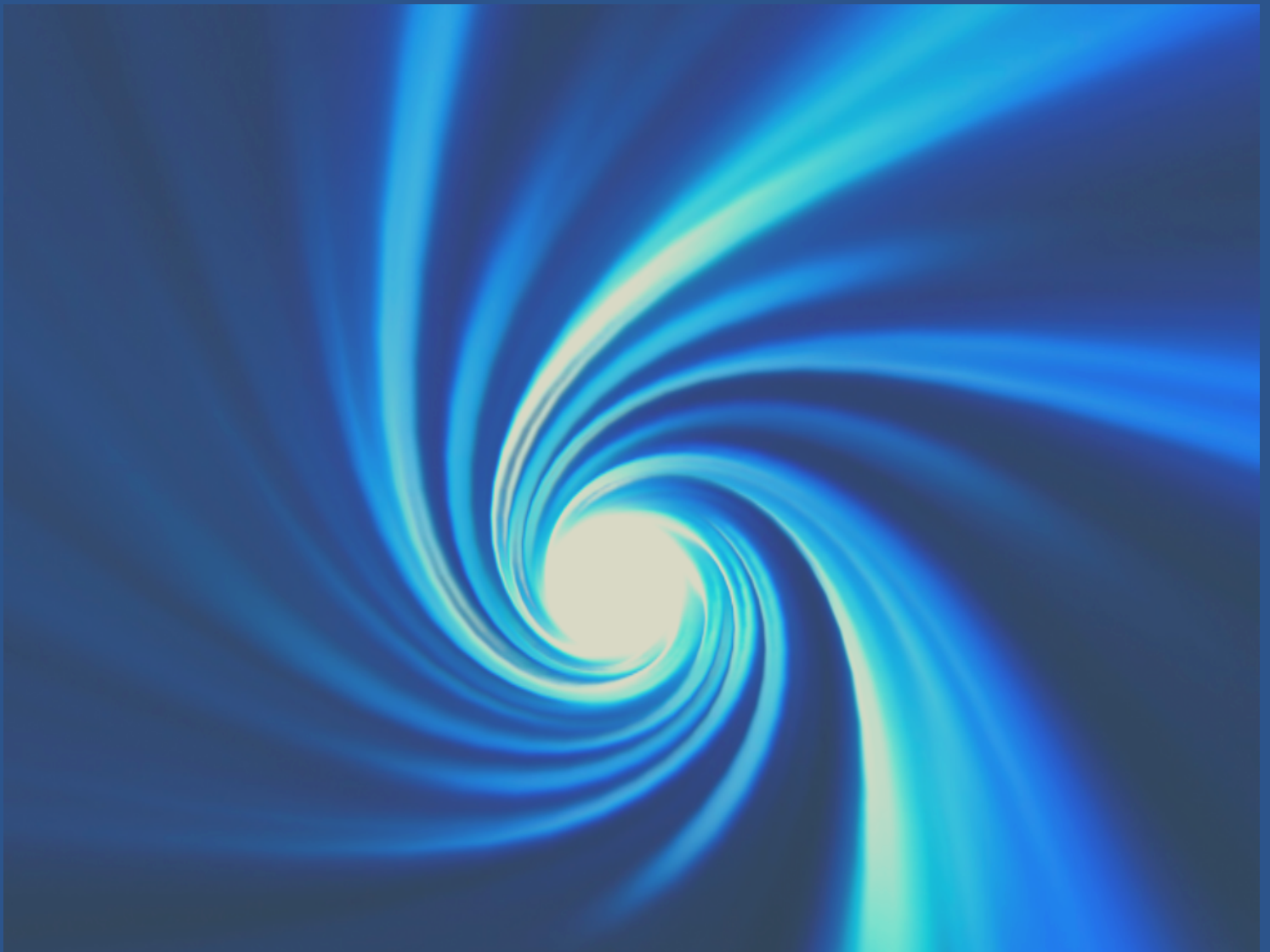


IMPOSTER SYNDROME

LAURA MORRISSEY



Imposter Syndrome

It is known as Imposter Syndrome but this is not a recognised label. But, I think we all know what it means!

All too often, you can be accomplished at work, have a successful home life but still feel as if you are about to be exposed.

This feeling can be extremely hard to live with. It effects self confidence and the ability to enjoy any success that may come your way.

There is a way of leaving these difficult feeling behind!

How I can Help

- Free 20 Minute chat to see if I can help
- Free: Do I Have Imposter Syndrome? Quiz
- 1:1 Coaching at £60 per session using a research informed approach that stops those triggers for good!

**Use the Contact form or email:
lauramorrisseycounselling@gmail.com**