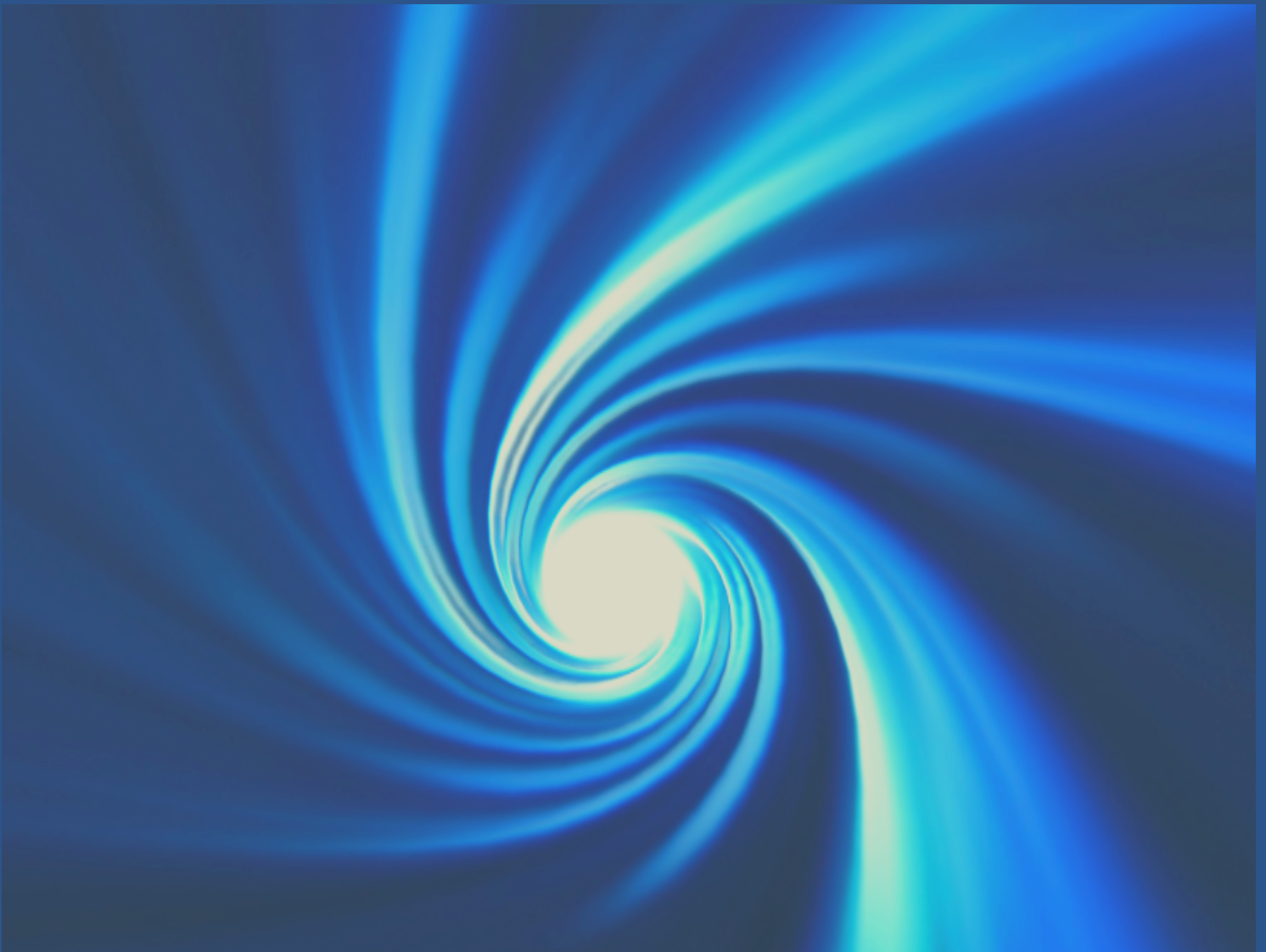


FEELING STUCK

LAURA MORRISSEY



Feeling Stuck

Feeling stuck can effect how we feel about the world. It is also indicative that you may be struggling with knowing yourself & what makes you happy.

Being unable to move on from a work role that is unfulfilling or a relationship that may be stifling , can make you feel that you lack control over your life.

It can help to speak to someone who is not personally involved, to give you a new perspective. This can give you a new lens through which to look ...& plan to move forwards or accept the present but be happy with that decision.

How I can Help

- Free 20 Minute chat to see if I can help
- Free 'Getting Unstuck' Pdf
- 1:1 Coaching at £60 per session

**Use the Contact form or email:
lauramorrisseycounselling@gmail.com**